



IRVINE VAQUERO FOOTBALL

FALL CAMP ORGANIZATION 2010

Monday August 23 rd	Tuesday August 24 th	Wednesday August 25 th	Thursday August 26 th	Friday August 27 th	Saturday August 28 th
JR Registration – 7am <i>Team Meeting- 8:30am</i> <u>Practice #1</u> (Conditioning Test) 9:30am – 11:30am <u>Meetings</u> 2:30pm – 3:30pm <u>Practice #2</u> 4:00pm – 6:30pm	SOPH Registr. – 7am <u>Practice #3</u> 9:00am – 11:30am <u>Lifting</u> 12:00pm – 12:30pm <u>Meetings</u> 2:30pm – 3:30pm <u>Practice #4</u> 4:00pm – 6:30pm	<u>Practice #5</u> 9:00am – 11:30am <u>Meetings</u> 2:30pm – 3:30pm <u>Practice #6</u> 4:00pm – 6:30pm	<u>Practice #7</u> 9:00am – 11:30am <u>Lifting</u> 12:00pm – 12:30pm <u>Meetings</u> 2:30pm – 3:30pm <u>Practice #8</u> 4:00pm – 6:30pm	Team Pictures – 8am <u>Practice #9</u> 9:30am – 11:30am <u>Meetings</u> 2:30pm – 3:30pm <u>Practice #10</u> 4:00pm – 6:30pm	<u>Practice #11</u> 9:00am – 11:30am <u>Lifting</u> 12:00pm – 12:30pm <u>Practice #12</u> 2:00pm – 3:00pm Kickoff Dinner 5pm – 9pm
Monday August 30 th	Tuesday August 31 st	Wednesday September 1 st	Thursday September 2 nd	Friday September 3 rd	Saturday September 4 th
<u>Practice #13</u> 8:00am – 10:30am <u>Lifting</u> 11:00am - 11:30am <u>Meetings</u> 2:30pm – 3:30pm <u>Practice #14</u> 4:00pm – 6:30pm	<u>Practice #15</u> 8:00am – 10:30am <u>Meetings</u> 2:30pm – 3:30pm <u>Practice #16</u> 4:00pm – 6:30pm	<u>Practice #17</u> 8:00am – 10:30am <u>Lifting</u> 11:00am - 11:30am <u>Meetings</u> 2:00pm – 3:00pm <u>Practice #18</u> 3:30pm – 6:00pm	School Begins <u>Practice #19</u> 3:00pm – 6:00pm	School Day Scrimmages @ Westminster HS	Players Day Off

REMINDER:

Monday, September 6th (Labor Day) – Practice from 3:00pm to 8:00pm